CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/Line 1-3	Title/Paragraph 1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/Line 35-36	Key Word/Paragraph 1
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2/Line 24-26	Abstract/Paragraph 1
	3b	Main symptoms and/or important clinical findings	Page 2/Line 27-29	Abstract/Paragraph 1
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2/Line 29-32	Abstract/Paragraph 1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page 2/Line 32-34	Abstract/Paragraph 1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3/Line 54-57	Introduction/Paragraph 1
Patient Information	5a	De-identified patient specific information	Page 3/Line 60	Patient clinical
	5b	Primary concerns and symptoms of the patient	Page 3-4/Line 61-66	Patient clinical
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 5/Line 91-92	Laboratory findings,
	5d	Relevant past interventions with outcomes	Page 4/Line 66-68	Patient clinical
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4-5/Line 79-111	Patient clinical
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 4/Line 79-80; Page	Patient clinical
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 3-4/Line 61-66; Page	Patient clinical
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 5/Line 99-101	Patient clinical
	8c	Diagnosis (including other diagnoses considered)	Page 4/Line 65-66; Page	Patient clinical
	8d	Prognosis (such as staging in oncology) where applicable	Page 4/Line 74-76	Patient clinical
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4/Line 66-68	Patient clinical
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 4/Line 66-68	Page 4/Line 67
	9c	Changes in therapeutic intervention (with rationale)	NA	NA

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	NA	NA
	10b	Important follow-up diagnostic and other test results	Page 5/Line 99-110	Laboratory findings,
	10c	Intervention adherence and tolerability (How was this assessed?)	NA	NA
	10d	Adverse and unanticipated events	NA	NA
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 8/Line 165-176	Discussion/Paragraph 4
	11b	Discussion of the relevant medical literature **with references**	NA	NA
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 7/Line 140-143	Discussion/Paragraph 2
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 8/Line 165-176	Discussion/Paragraph 4
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	NA
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☐	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.